

# BRUNCH

## WAKE UP CALL

- BUBBLE DOWN** | 5oz | 11.95  
APEROL, DOLIN ROUGE, SPARKLING WHITE WINE
- CAESAR** | 1½ oz | 7.95  
VODKA, CLAMATO, WORCESTERSHIRE, TABASCO, HORSERADISH, IN HOUSE SPICY RIM
- LA VIE EN ROSE** | 1¾ oz | 14.95  
DILLON'S ROSE GIN, ST GERMAIN ELDERFLOWER LIQUEUR, LEMON, ROSEMARY
- MORNING TEA** | 1½ oz | 8.95  
BULLEIT BOURBON, ICED BLACK TEA, PEACH, LEMON
- RYE AND SHINE** | 1½ oz | 8.95  
IN HOUSE EARL GREY INFUSED RYE, LEMON, AGAVE SYRUP, LAVENDER BITTERS, BLACK PEPPER
- SUNRISE MIMOSA** | 4oz | 7.95  
CHAMBORD, PINEAPPLE, ORANGE, SPARKLING WINE
- THE HASSEL DOF** | 2oz | 12.95  
BEEFEATER GIN, ST GERMAIN ELDERFLOWER LIQUEUR, LIME, SIMPLE SYRUP, CUCUMBER
- THE SUNSHOWER** | 1½ oz | 10.95  
IN HOUSE CUCUMBER INFUSED VODKA, GRAPEFRUIT, DILL, LEMON, SODA

## START LIGHT

- GF VG** **INSOMNIA SMOOTHIE** | 5.45  
APPLE, STRAWBERRY, GREEK YOGURT, PINEAPPLE JUICE, HONEY
- GF V** **FRUIT BOWL** | 6.45  
ADD GREEK YOGURT (\$4.45), GRANOLA (\$3.45)
- GF V** **SIDE HOMEFRIES** | 4.45  
IN OUR LEGENDARY SAUCE
- GF V** **SIDE KALE SALAD** | 7.45  
SUGAR SNAP PEAS, PINE NUTS, ONION SPROUTS, CARROTS, LEMON TAHINI DRESSING

## MINI BRUNCH

FOR KIDS 12 & UNDER OR WITH PURCHASE OF A MAIN

- VG** **MINI GRILLED CHEESE** | 8.45  
WHITE BREAD, CHEDDAR, SEASONED HOMEFRIES  
SUBSTITUTE GLUTEN-FREE TOAST (\$1.45)
- VG** **MINI TRADITIONAL** | 8.45  
ADD CHEDDAR (\$1)  
2 EGGS, SEASONED HOMEFRIES, TOAST  
(WHITE / MULTIGRAIN / LIGHT RYE)  
SUBSTITUTE GLUTEN-FREE TOAST (\$1.45)
- VG** **MINI FRENCH TOAST** | 8.45  
WITH PURE MAPLE SYRUP

## SWEET SPOT

- VG** **CITRUS SPIKED FRENCH TOAST** | 13.45  
WITH PURE MAPLE SYRUP
- VG** **HEAVEN ON EARTH** | 16.45  
FRENCH TOAST, BERRIES, CREAM CHEESE, HONEY, PURE MAPLE SYRUP
- VG** **WAFFLES** | 9.45  
WITH PURE MAPLE SYRUP  
ADD ED'S REAL SCOOP VANILLA / BURNT MARSHMALLOW ICE CREAM (\$2.95 EACH)  
STRAWBERRIES / BANANAS / PINEAPPLES / CHOCOLATE CHUNKS (\$2.95 EACH)  
CARAMEL SAUCE / WHIPPED CREAM (\$1.95 EACH)
- VG** **OVEN-BAKED PANCAKES** | 13.45  
**ONLY AVAILABLE ON WEEKENDS / HOLIDAYS**  
WITH PURE MAPLE SYRUP  
CHOOSE ONE  
MIXED BERRIES / CANDY APPLE / CHOCOLATE BANANA
- GF V** **PBB & J BUCKWHEAT SHORT-STACK** | 13.45  
**ONLY AVAILABLE ON WEEKENDS / HOLIDAYS**  
WITH PEANUT BUTTER BANANA SAUCE, STRAWBERRY COULIS, PURE MAPLE SYRUP

## BENEDICTS

SERVED WITH POACHED EGGS, WHOLE WHEAT ENGLISH MUFFINS, HOLLANDAISE, MIXED GREENS & HOMEFRIES IN OUR LEGENDARY SAUCE  
REPLACE ENGLISH MUFFINS WITH MANAMI PATTIES **GF** (\$2.45), OR WAFFLES (\$2.45)  
ADD CHEDDAR (\$1.45), CHEESE BLEND (\$1.45), BRIE (\$2.45), GUACAMOLE (\$3.45), TOMATO (\$2.45), ADDITIONAL BENEDICT (\$7.95)

**ST. ALBAN'S CLASSIC** | 16.45  
\$1 WILL BE DONATED TO ST. ALBAN'S BOYS & GIRLS CLUB  
CHOICE OF PEAMEAL / STRIP BACON  
SUBSTITUTE TURKEY BACON (\$1.45)

**CHARLOTTE** | 17.45  
SMOKED SALMON

**GF VG** **MANAMI** | 14.45  
GLUTEN-FREE CURRIED RICE PATTIES

**VG** **ISABELLE** | 15.45  
GUACAMOLE, TOMATO

**VG** **FLORENTINE** | 14.45  
BABY SPINACH

**MEMPHIS** | 17.45  
CHIPOTLE BBQ PULLED PORK

**LORRAINE** | 17.45  
CHEDDAR, CHOICE OF PEAMEAL / STRIP BACON  
SUBSTITUTE TURKEY BACON (\$1.45)

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**GF** GLUTEN-FREE **VG** VEGETARIAN **V** VEGAN

INSOMNIA EST. 1997

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## EGGS

SERVED WITH MIXED GREENS & HOMEFRIES IN OUR LEGENDARY SAUCE  
SUBSTITUTE EGG WHITES (\$1.45), GLUTEN-FREE TOAST (\$1.45)

- VC** **TRADITIONAL** | 14.45  
2 EGGS, TOAST (WHITE / MULTI GRAIN / LIGHT RYE),  
1 SIDE (PEAMEAL / STRIP / GUACAMOLE / TOMATO)  
SUBSTITUTE ANDOUILLE SAUSAGE OR TURKEY BACON (\$1.45)
- VC** **3 EGG OMELETTE** | 15.45  
ADD INSIDE: PEAMEAL / STRIP BACON / ANDOUILLE SAUSAGE /  
CHICKEN / TURKEY BACON (\$2.45 EACH)  
CARAMELIZED ONIONS, SAUTÉED MUSHROOMS,  
PESTO, SPINACH, CHEESE BLEND, TOAST  
(WHITE / MULTI GRAIN / LIGHT RYE)
- STEAK & EGGS** | 22.45  
6OZ NY STRIPLOIN, 2 EGGS, TOAST  
(WHITE / MULTI GRAIN / LIGHT RYE)
- VC** **HUEVOS RANCHEROS** | 15.45  
**GF** CORN TORTILLA AVAILABLE  
2 EGGS, SOFT TORTILLA, REFRIED BEANS,  
SALSA, MONTEREY JACK CHEESE, GUACAMOLE
- GF V** **TOFU RANCHEROS** | 14.45  
CORN TORTILLA, SCRAMBLED CURRIED TOFU,  
SALSA, REFRIED BEANS, GUACAMOLE

## DRINKS

DECAFFEINATED AVAILABLE

- COFFEE / TEA** | 2.95  
FREE REFILLS WITH FOOD PURCHASE
- SINGLE ESPRESSO** | 3.45  
EXTRA SHOT OF ESPRESSO (\$1)
- LATTE / CAPPUCINO / ICED COFFEE** | 3.95  
EXTRA SHOT OF ESPRESSO (\$1)
- AMERICANO** | 4.45  
DOUBLE SHOT
- MOCHACCINO** | 4.95  
EXTRA SHOT OF ESPRESSO (\$1)
- HOT CHOCOLATE** | 3.95
- CHOCOLATE MILK** | 3.45
- POP** | 2.95  
FREE REFILLS WITH FOOD PURCHASE  
PEPSI, DIET PEPSI, SCHWEPES GINGER ALE, 7-UP,  
ORANGE CRUSH, SODA, SCHWEPES TONIC WATER,  
DR. PEPPER, MOUNTAIN DEW, BRISK ICE TEA
- JUICE** | 3.45  
APPLE, CRANBERRY, GRAPEFRUIT,  
PINEAPPLE, TOMATO, CLAMATO
- FRESH ORANGE JUICE** | 4.45
- RICHARD'S ICED TEA** | 4.45  
ORANGE PEKOE, STRAWBERRIES,  
APPLES, APPLE JUICE, SUGAR RIM
- MILK** | 2.95  
ALMOND MILK AVAILABLE

## SANDWICHES

SERVED WITH MIXED GREENS & HOMEFRIES IN OUR LEGENDARY SAUCE  
ADD EGG (\$2.45), STRIP BACON (\$3.45),  
SUBSTITUTE GLUTEN-FREE TOAST (\$1.45)

- THE GENERAL PLT** | 14.95  
MILK BUN, PEAMEAL BACON, EGG, CHEDDAR,  
LETTUCE, TOMATO, GARLIC AIOLI  
SUBSTITUTE TURKEY BACON (\$1.45)
- VC** **PEAR GRILLED CHEESE** | 13.95  
CHALLAH, BRIE, CHEDDAR, HONEY ROASTED PEAR
- BACON GRILLED CHEESE** | 13.45  
MULTI GRAIN, CHEDDAR, TOMATO,  
PEAMEAL / STRIP BACON  
SUBSTITUTE TURKEY BACON (\$1.45)

## ADD ONS

- AIOLI** 1oz | 1.45
- ANDOUILLE SAUSAGE** | 4.45
- GUACAMOLE** 2oz | 3.45
- EGG** | 2.45
- GLUTEN-FREE TOAST** | 3.45
- GREEK YOGURT** 4oz | 4.45
- HOLLANDAISE** 1oz | 1.45
- PEAMEAL BACON** 2pc | 3.45
- PULLED PORK** 3oz | 4.45
- PURE MAPLE SYRUP** 2oz | 2.45
- REFRIED BEANS** | 3.45
- SALSA** 2oz | 2.45
- SCRAMBLED CURRIED TOFU** 4oz | 4.45
- SMOKED SALMON** | 6.45
- STRIP BACON** 3pc | 3.45
- TOAST (WHITE / MULTIGRAIN / LIGHT RYE)** 2pc | 2.45
- TOMATO** 4pc | 2.45
- TURKEY BACON** 2pc | 4.45

### JUST SO YOU KNOW:

- NONE OF OUR MENU PRICES INCLUDE APPLICABLE TAXES
- A 15% GRATUITY MAY BE ADDED TO TABLES OF 6 OR MORE
- ALTHOUGH SUBSTITUTIONS SEEM EASILY ACCOMMODATED, THEY AFFECT THE EFFICIENCY OF OUR SERVICE. FOR EACH SUBSTITUTION A \$1.00 CHARGE WILL BE APPLIED TO THE BILL
- BECAUSE OF RISK OF CROSS CONTAMINATION OUR FOOD IS NOT SUITABLE FOR THOSE WITH SEVERE ALLERGIES
- PLEASE NOTIFY YOUR SERVER OF ANY FOOD ALLERGIES
- FOR CATERING INFORMATION PLEASE VISIT OUR WEBSITE: [WWW.INSOMNIARESTAURANT.COM](http://WWW.INSOMNIARESTAURANT.COM)

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**GF** GLUTEN-FREE **VC** VEGETARIAN **V** VEGAN

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