

DINNER

STARTERS

Gf V TORTILLA CHIPS | 5

Gf V GUACAMOLE 8oz | 7

Gf V SALSA 8oz | 7

1 LB WINGS | 15

SERVED WITH SLAW

CHOOSE ONE

(HONEY GARLIC / FRANK'S BUTTER)

FRIED CALAMARI | 16

WITH CHIPOTLE AIOLI

Gf **1 LB MUSSELS | 16**

WHITE WINE, PESTO, CREAM,
GARLIC, ONION, BABY SPINACH

Gf **EPIC 3 CHEESE NACHOS | 18.5**

ADD GROUND CHUCK (\$7)

Gf **ADD GRILLED CHICKEN BREAST (\$7)**

ADD FRIED CHICKEN BITES (\$5)

TORTILLA CHIPS, CHEESE BLEND, SALSA,
PICO DE GALLO, GUACAMOLE,
GRILLED PEPPERS, SOUR CREAM

TACOS

SERVED ON A SOFT TORTILLA,

Gf V CORN TORTILLA AVAILABLE

ADD **FRIED CHICKEN TACO | 8**

GUACAMOLE, PICO DE GALLO, MARINATED CABBAGE,
CHIPOTLE AIOLI

PULLED PORK TACO | 8

GUACAMOLE, PICO DE GALLO, MARINATED CABBAGE

FISH TACO | 8

GUACAMOLE, PICO DE GALLO, MARINATED CABBAGE,
PICKLED JALAPEÑO, CHIPOTLE AIOLI

VG **FRIED TOFU TACO | 8**

PICO DE GALLO, GUACAMOLE, MARINATED CABBAGE,
CHIPOTLE AIOLI

TACO FLIGHT | 22

CHOOSE ANY THREE

SANDWICHES

ADD STRIP BACON (\$4), GUACAMOLE (\$3.5),

CHÈVRE (\$3.5), PICKLES (\$1.5),

SAUTÉED ONION OR MUSHROOM (\$2)

Gf V SUBSTITUTE GLUTEN-FREE VEGAN BUN (\$2)

INSOMNIA BURGER | 12

ACE BAKERY BUN, 6oz GROUND

CHUCK, CHEDDAR, LETTUCE, TOMATO,

RED ONION, PICKLE, GARLIC AIOLI

JALAPENO BURGER | 13.5

ACE BAKERY BUN, 6oz GROUND CHUCK, CHEDDAR,

PICKLED JALAPENOS, CARAMELIZED ONION,

SAUTÉED MUSHROOM, CHIPOTLE AIOLI

ADD **FRIED CHICKEN THIGH SANDWICH | 12**

SUBSTITUTE CHICKEN BREAST (\$3)

ACE BAKERY BUN, CREAMY SLAW, ZARKON SAUCE

VG **BLACK BEAN BURGER | 12**

ACE BAKERY BUN, LETTUCE, TOMATO, RED ONION,

GUACAMOLE, CHIPOTLE AIOLI

ADD **SPICY GRILLED CHICKEN SANDWICH | 12**

ACE BAKERY BUN, GRILLED CHICKEN BREAST, FRANK'S

BUTTER, LETTUCE, TOMATO, RED ONION, GARLIC AIOLI

FRIES

Gf VG **HAND CUT FRIES | 8**

WITH GARLIC AIOLI

Gf VG **SWEET POTATO FRIES | 9**

WITH CHIPOTLE AIOLI

Gf VG **POUTINE | 13**

ADD PULLED PORK (\$5.5)

ADD FRIED CHICKEN BITES (\$5)

HAND CUT FRIES, CHEESE CURDS, GRAVY

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Gf GLUTEN-FREE **VG** VEGETARIAN **V** VEGAN **ADD** HALAL

INSOMNIA EST. 1997

DINNER

SALADS

- JL GF** ADD GRILLED CHICKEN BREAST (\$7)
- GF** ADD 5 GRILLED TIGER SHRIMP (\$7)
- GF** ADD GRILLED SALMON (\$16)

CAESAR SALAD | 11

BACON, CROUTONS, ROMAINE LETTUCE, PARMESAN, CAESAR DRESSING

- V GF** **GARDEN SALAD | 11**
MIXED GREENS, CUCUMBER, CHERRY TOMATOES, RED ONION, GREEN PEPPER, DILL RED WINE DIJON VINAIGRETTE

- VG GF** **BEET SALAD | 12**
SPINACH, BEET, CARROT, WALNUTS, CHÈVRE, DILL RED WINE DIJON VINAIGRETTE

PASTAS

SUBSTITUTE GLUTEN FREE PASTA (\$3)

CHICKEN LINGUINE | 22

WHITE WINE, PESTO, CREAM, GARLIC, ONION, TOMATO, FRESH PARMESAN

- VG** **WILD MUSHROOM PENNE | 20**
SHIITAKE, CREMINI AND OYSTER MUSHROOMS, SPINACH, WHITE WINE PARMESAN, CREAM SAUCE

SHRIMP LINGUINE | 21

WHITE WINE, ROSÉ SAUCE, GARLIC, ONION, GRILLED BELL PEPPER, SPINACH

OG BACON MAC & CHEESE | 19

CHEESE BLEND, CREAM, BACON, CRISPY ONION, PARMESAN

LASAGNA | 17

GROUND BEEF, PARMESAN, 3 CHEESES, TOMATO SAUCE, BASIL

MAINS

- JL** **FRIED CHICKEN 'N WAFFLES | 24**
SUBSTITUTE FRIED CHICKEN BREAST (\$6)
BONELESS THIGHS, CREAMY SLAW, ZARKON SAUCE

- GF** **10oz AAA NY STRIPLOIN STEAK | 29**
RED WINE MUSHROOM JUS,
HERB INFUSED POTATO WEDGES

- GF** **GRILLED ATLANTIC SALMON | 26**
GRILLED ASPARAGUS, BEURRE BLANC

- V GF** **RED THAI CURRY | 11**
V GF ADD TOFU (\$4)
JL GF ADD GRILLED CHICKEN BREAST (\$7)
GF ADD 5 GRILLED TIGER SHRIMP (\$7)
ONIONS, RED & GREEN BELL PEPPERS
CARROTS, COCONUT MILK, CILANTRO,
FRIED ONIONS, WHITE RICE

SIDES

- V GF** **SEASONAL VEGETABLES | 6**
- VG GF** **HERB INFUSED POTATO WEDGES | 5**
- VG GF** **GARLIC BUTTER GRILLED ASPARAGUS | 7**
- V GF** **GRILLED BELL PEPPERS | 4**
- VG GF** **SAUTÉED WILD MUSHROOMS | 5**
- V GF** **BOWL OF WHITE RICE | 3**

JUST SO YOU KNOW:

BRUNCH / MONDAY-FRIDAY | 10AM - 4PM

BRUNCH / WEEKENDS & HOLIDAYS | 9AM - 4PM

HAPPY HOUR / MONDAY-SUNDAY | 4PM - 6PM

DINNER / MONDAY-SUNDAY | 4PM - 2AM

- NONE OF OUR MENU PRICES INCLUDE APPLICABLE TAXES

- A 15% GRATUITY MAY BE ADDED TO TABLES OF 6 OR MORE

- ALTHOUGH SUBSTITUTIONS SEEM EASILY ACCOMMODATED, THEY AFFECT THE EFFICIENCY OF OUR SERVICE. FOR EACH SUBSTITUTION A \$1.00 CHARGE WILL BE APPLIED TO THE BILL

- BECAUSE OF RISK OF CROSS CONTAMINATION OUR FOOD IS NOT SUITABLE FOR THOSE WITH SEVERE ALLERGIES

- PLEASE NOTIFY YOUR SERVER OF ANY FOOD ALLERGIES

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GF GLUTEN-FREE **VG VEGETARIAN** **V VEGAN** **JL HALAL**

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