

# LUNCH

## SANDWICHES

ADD STRIP BACON | 4, GUACAMOLE | 3.5  
CHÈVRE | 3.5, PICKLES | 1.5,  
SAUTÉED MUSHROOMS | 2, SAUTÉED ONIONS | 2

**INSOMNIA BURGER | 12**  
ACE BAKERY BUN, 6oz GROUND  
CHUCK, CHEDDAR, LETTUCE, TOMATO,  
RED ONION, PICKLE, GARLIC AIOLI

**🍗 FRIED CHICKEN THIGH SANDWICH | 12**  
SUBSTITUTE CHICKEN BREAST | 3  
ACE BAKERY BUN, CREAMY SLAW,  
ZARKON SAUCE

**🌱 BLACK BEAN BURGER | 12**  
LETTUCE, TOMATO, RED ONION, GUACAMOLE,  
CHIPOTLE AIOLI

**🍗 SPICY GRILLED CHICKEN SANDWICH | 12**  
GRILLED CHICKEN BREAST, FRANK'S BUTTER,  
ACE BAKERY BUN, LETTUCE, TOMATO, RED ONION,  
GARLIC AIOLI

## FRIES

**🌱🍷 HAND CUT FRIES | 8**  
WITH GARLIC AIOLI

**🌱 SWEET POTATO FRIES | 9**  
WITH CHIPOTLE AIOLI

**🌱🍷 POUTINE | 13**  
ADD PULLED PORK | 5.5  
ADD FRIED CHICKEN BITES | 5  
HAND CUT FRIES, CHEESE CURDS, GRAVY

## SALADS

**🍷** ADD GRILLED CHICKEN BREAST | 7  
**🍷** ADD 5 GRILLED TIGER SHRIMP | 7  
**🍷** ADD GRILLED SALMON | 16

**🌱🍷 SPINACH SALAD | 11**  
SPINACH, STRAWBERRIES, PECANS, CHÈVRE,  
RED ONIONS, SWEET ONION DRESSING

**🍷🍷 GARDEN SALAD | 11**  
MIXED GREENS, CUCUMBER, CHERRY TOMATOES,  
RED ONIONS, GREEN PEPPER, DILL RED WINE DIJON  
VINAIGRETTE

**🌱🍷 BEET SALAD | 12**  
SPINACH, BEET, CARROT, WALNUTS, CHÈVRE,  
DILL RED WINE DIJON VINAIGRETTE

**🍷 GLUTEN-FREE** **🌱 VEGETARIAN** **🍷 VEGAN** **🍗 HALAL**

INSOMNIA EST. 1997

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CHUCK, CHEDDAR, LETTUCE, TOMATO,  
RED ONION, PICKLE, GARLIC AIOLI

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ZARKON SAUCE

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LETTUCE, TOMATO, RED ONION, GUACAMOLE,  
CHIPOTLE AIOLI

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GRILLED CHICKEN BREAST, FRANK'S BUTTER,  
ACE BAKERY BUN, LETTUCE, TOMATO, RED ONION,  
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