

BRUNCH

WAKE UP CALL

- CAESAR** | 1½ oz | 7.95
VODKA, CLAMATO, WORCESTERSHIRE, TABASCO, HORSERADISH, IN HOUSE SPICY RIM
- LA VIE EN ROSE** | 1¾ oz | 14.95
DILLON'S ROSE GIN, ST GERMAIN ELDERFLOWER LIQUEUR, LEMON, ROSEMARY
- MORNING TEA** | 1½ oz | 8.95
BULLEIT BOURBON, ICED BLACK TEA, PEACH, LEMON
- RYE AND SHINE** | 1½ oz | 8.95
IN HOUSE EARL GREY INFUSED RYE, LEMON, AGAVE SYRUP, LAVENDER BITTERS, BLACK PEPPER
- SUNRISE MIMOSA** | 4oz | 7.95
CHAMBORD, PINEAPPLE, ORANGE, SPARKLING WINE
- TIGRESS** | 1½ oz | 9.95
IN HOUSE CUCUMBER INFUSED VODKA, LEMON GRASS & THAI BASIL SYRUP, LIME JUICE, SODA
- THE HASSEL DOF** | 2oz | 12.95
BEEFEATER GIN, ST GERMAIN ELDERFLOWER LIQUEUR, LIME, SIMPLE SYRUP, CUCUMBER
- W. BOYD** | 2oz | 12.95
DILLON'S UNFILTERED 22 GIN, COINTREAU, RHUBARB SYRUP, CARDAMOM BITTERS, ORANGE ZEST

START LIGHT

- GF VG** **INSOMNIA SMOOTHIE** | 5.45
APPLE, STRAWBERRY, GREEK YOGURT, PINEAPPLE JUICE, HONEY
- GF V** **FRUIT BOWL** | 6.45
ADD GREEK YOGURT (\$4.45), GRANOLA (\$3.45)
- GF V** **SIDE HOMEFRIES** | 4.45
IN OUR LEGENDARY SAUCE
- GF V** **SIDE KALE SALAD** | 7.45
SUGAR SNAP PEAS, PINE NUTS, ONION SPROUTS, CARROTS, LEMON TAHINI DRESSING

MINI BRUNCH

FOR KIDS 12 & UNDER OR WITH PURCHASE OF A MAIN

- VG** **MINI GRILLED CHEESE** | 8.45
WHITE BREAD, CHEDDAR, SEASONED HOMEFRIES
SUBSTITUTE GLUTEN-FREE TOAST (\$1.45)
- VG** **MINI TRADITIONAL** | 8.45
ADD CHEDDAR (\$1)
2 EGGS, SEASONED HOMEFRIES, TOAST
(WHITE / MULTIGRAIN / LIGHT RYE)
SUBSTITUTE GLUTEN-FREE TOAST (\$1.45)
- VG** **MINI FRENCH TOAST** | 8.45
WITH PURE MAPLE SYRUP

SWEET SPOT

- VG** **CITRUS SPIKED FRENCH TOAST** | 13.45
WITH PURE MAPLE SYRUP
- VG** **HEAVEN ON EARTH** | 16.45
FRENCH TOAST, BERRIES, CREAM CHEESE, HONEY, PURE MAPLE SYRUP
- VG** **WAFFLES** | 9.45
WITH PURE MAPLE SYRUP
ADD ED'S REAL SCOOP VANILLA / BURNT MARSHMALLOW ICE CREAM (\$2.95 EACH)
STRAWBERRIES / BANANAS / PINEAPPLES / CHOCOLATE CHUNKS (\$2.95 EACH)
CARAMEL SAUCE / WHIPPED CREAM (\$1.95 EACH)
- VG** **OVEN-BAKED PANCAKES** | 13.45
ONLY AVAILABLE ON WEEKENDS / HOLIDAYS
WITH PURE MAPLE SYRUP
CHOOSE ONE
MIXED BERRIES / CANDY APPLE / CHOCOLATE BANANA
- GF V** **PBB & J BUCKWHEAT SHORT-STACK** | 13.45
ONLY AVAILABLE ON WEEKENDS / HOLIDAYS
WITH PEANUT BUTTER BANANA SAUCE, STRAWBERRY COULIS, PURE MAPLE SYRUP

BENEDICTS

SERVED WITH POACHED EGGS, WHOLE WHEAT ENGLISH MUFFINS, HOLLANDAISE, MIXED GREENS & HOMEFRIES IN OUR LEGENDARY SAUCE
REPLACE ENGLISH MUFFINS WITH MANAMI PATTIES **GF** (\$2.45), OR WAFFLES (\$2.45)
ADD CHEDDAR (\$1.45), CHEESE BLEND (\$1.45), BRIE (\$2.45), GUACAMOLE (\$3.45), TOMATO (\$2.45), ADDITIONAL BENEDICT (\$7.95)

ST. ALBAN'S CLASSIC | 16.45
\$1 WILL BE DONATED TO ST. ALBAN'S BOYS & GIRLS CLUB
CHOICE OF PEAMEAL / STRIP BACON
SUBSTITUTE TURKEY BACON (\$1.45)

CHARLOTTE | 17.45
SMOKED SALMON

GF VG **MANAMI** | 14.45
GLUTEN-FREE CURRIED RICE PATTIES

VG **ISABELLE** | 15.45
GUACAMOLE, TOMATO

VG **FLORENTINE** | 14.45
BABY SPINACH

MEMPHIS | 17.45
CHIPOTLE BBQ PULLED PORK

LORRAINE | 17.45
CHEDDAR, CHOICE OF PEAMEAL / STRIP BACON
SUBSTITUTE TURKEY BACON (\$1.45)

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GF GLUTEN-FREE **VG** VEGETARIAN **V** VEGAN

INSOMNIA EST. 1997

BRUNCH

EGGS

SERVED WITH MIXED GREENS & HOMEFRIES IN OUR LEGENDARY SAUCE
SUBSTITUTE EGG WHITES (\$1.45), GLUTEN-FREE TOAST (\$1.45)

- VC** **TRADITIONAL** | 14.45
2 EGGS, TOAST (WHITE / MULTI GRAIN / LIGHT RYE),
1 SIDE (PEAMEAL / STRIP / GUACAMOLE / TOMATO)
SUBSTITUTE ANDOUILLE SAUSAGE OR TURKEY BACON (\$1.45)
- VC** **3 EGG OMELETTE** | 15.45
ADD INSIDE: PEAMEAL / STRIP BACON / ANDOUILLE SAUSAGE /
CHICKEN / TURKEY BACON (\$2.45 EACH)
CARAMELIZED ONIONS, SAUTÉED MUSHROOMS,
PESTO, SPINACH, CHEESE BLEND, TOAST
(WHITE / MULTI GRAIN / LIGHT RYE)
- STEAK & EGGS** | 22.45
6OZ NY STRIPLOIN, 2 EGGS, TOAST
(WHITE / MULTI GRAIN / LIGHT RYE)
- VC** **HUEVOS RANCHEROS** | 15.45
GF CORN TORTILLA AVAILABLE
2 EGGS, SOFT TORTILLA, REFRIED BEANS,
SALSA, MONTEREY JACK CHEESE, GUACAMOLE
- GF V** **TOFU RANCHEROS** | 14.45
CORN TORTILLA, SCRAMBLED CURRIED TOFU,
SALSA, REFRIED BEANS, GUACAMOLE

DRINKS

DECAFFEINATED AVAILABLE

- COFFEE / TEA** | 2.95
FREE REFILLS WITH FOOD PURCHASE
- SINGLE ESPRESSO** | 3.45
EXTRA SHOT OF ESPRESSO (\$1)
- LATTE / CAPPUCINO / ICED COFFEE** | 3.95
EXTRA SHOT OF ESPRESSO (\$1)
- AMERICANO** | 4.45
DOUBLE SHOT
- MOCHACCINO** | 4.95
EXTRA SHOT OF ESPRESSO (\$1)
- HOT CHOCOLATE** | 3.95
- CHOCOLATE MILK** | 3.45
- POP** | 2.95
FREE REFILLS WITH FOOD PURCHASE
PEPSI, DIET PEPSI, SCHWEPES GINGER ALE, 7-UP,
ORANGE CRUSH, SODA, SCHWEPES TONIC WATER,
DR. PEPPER, MOUNTAIN DEW, BRISK ICE TEA
- JUICE** | 3.45
APPLE, CRANBERRY, GRAPEFRUIT,
PINEAPPLE, TOMATO, CLAMATO
- FRESH ORANGE JUICE** | 4.45
- RICHARD'S ICED TEA** | 4.45
ORANGE PEKOE, STRAWBERRIES,
APPLES, APPLE JUICE, SUGAR RIM
- MILK** | 2.95
ALMOND MILK AVAILABLE

SANDWICHES

SERVED WITH MIXED GREENS & HOMEFRIES IN OUR LEGENDARY SAUCE
ADD EGG (\$2.45), STRIP BACON (\$3.45),
SUBSTITUTE GLUTEN-FREE TOAST (\$1.45)

- THE GENERAL PLT** | 14.95
MILK BUN, PEAMEAL BACON, EGG, CHEDDAR,
LETTUCE, TOMATO, GARLIC AIOLI
SUBSTITUTE TURKEY BACON (\$1.45)
- VC** **PEAR GRILLED CHEESE** | 13.95
CHALLAH, BRIE, CHEDDAR, HONEY ROASTED PEAR
- BACON GRILLED CHEESE** | 13.45
MULTI GRAIN, CHEDDAR, TOMATO,
PEAMEAL / STRIP BACON
SUBSTITUTE TURKEY BACON (\$1.45)

ADD ONS

- AIOLI** 1oz | 1.45
- ANDOUILLE SAUSAGE** | 4.45
- GUACAMOLE** 2oz | 3.45
- EGG** | 2.45
- GLUTEN-FREE TOAST** | 3.45
- GREEK YOGURT** 4oz | 4.45
- HOLLANDAISE** 1oz | 1.45
- PEAMEAL BACON** 2pc | 3.45
- PULLED PORK** 3oz | 4.45
- PURE MAPLE SYRUP** 2oz | 2.45
- REFRIED BEANS** | 3.45
- SALSA** 2oz | 2.45
- SCRAMBLED CURRIED TOFU** 4oz | 4.45
- SMOKED SALMON** | 6.45
- STRIP BACON** 3pc | 3.45
- TOAST (WHITE / MULTIGRAIN / LIGHT RYE)** 2pc | 2.45
- TOMATO** 4pc | 2.45
- TURKEY BACON** 2pc | 4.45

JUST SO YOU KNOW:

- NONE OF OUR MENU PRICES INCLUDE APPLICABLE TAXES
- A 15% GRATUITY MAY BE ADDED TO TABLES OF 6 OR MORE
- ALTHOUGH SUBSTITUTIONS SEEM EASILY ACCOMMODATED, THEY AFFECT THE EFFICIENCY OF OUR SERVICE. FOR EACH SUBSTITUTION A \$1.00 CHARGE WILL BE APPLIED TO THE BILL
- BECAUSE OF RISK OF CROSS CONTAMINATION OUR FOOD IS NOT SUITABLE FOR THOSE WITH SEVERE ALLERGIES
- PLEASE NOTIFY YOUR SERVER OF ANY FOOD ALLERGIES
- FOR CATERING INFORMATION PLEASE VISIT OUR WEBSITE: WWW.INSOMNIARESTAURANT.COM

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GF GLUTEN-FREE **VC** VEGETARIAN **V** VEGAN

INSOMNIA EST. 1997