

# BRUNCH

## WAKE UP CALL

- BUBBLE DOWN** | 5oz - 11 -  
APEROL, DOLIN ROUGE, SPARKLING WHITE WINE
- CAESAR** | 1½ oz - 7 -  
LUKSUSOWA VODKA, CLAMATO, WORCESTERSHIRE, TABASCO, HORSERADISH, HOUSE SPICY RIM
- COLD RUSH** | 1½ oz - 9 -  
SAILOR JERRY SPICED RUM, CRÈME DE CACAO, COLD PRESSED COFFEE, CREAM
- MORNING TEA** | 1½ oz - 8 -  
BULLEIT BOURBON, ICED BLACK TEA, PEACH, LEMON
- RYE AND SHINE** | 1½ oz - 8 -  
HOUSE EARL GREY INFUSED RYE, LEMON, AGAVE, LAVENDER BITTERS, BLACK PEPPER
- SUNRISE MIMOSA** | 4oz - 7 -  
CHAMBORD, PINEAPPLE, ORANGE, SPARKLING WINE
- THE SUNSHOWER** | 1½ oz - 10 -  
HOUSE CUCUMBER INFUSED VODKA, GRAPEFRUIT, DILL, LEMON, SODA
- SWELL DIABLO** | 2oz - 10 -  
JUAREZ TEQUILA, TAYLOR FLADGATE PORT, CYNAR, GINGER SYRUP, LEMON, SODA

## START LIGHT

- INSOMNIA SMOOTHIE** GF VG - 5 -  
APPLE, STRAWBERRY, GREEK YOGURT, PINEAPPLE JUICE, HONEY
- FRUIT BOWL** GF V - 6 -  
ADD GREEK YOGURT (\$3), GRANOLA (\$3)
- SIDE HOMEFRIES** GF VG - 4 -  
IN OUR LEGENDARY SAUCE
- SIDE KALE SALAD** GF V - 6 -  
SUGAR SNAP PEAS, PINE NUTS, ALFALFA SPROUTS, CARROTS, LEMON TAHINI DRESSING

## MINI BRUNCH

- MINI GRILLED CHEESE** VG - 7 -  
WHITE BREAD, CHEDDAR, SEASONED HOMEFRIES  
SUBSTITUTE GLUTEN-FREE TOAST (\$1)
- MINI TRADITIONAL** VG - 7 -  
2 EGGS, SEASONED HOMEFRIES, TOAST (WHITE / MULTIGRAIN / LIGHT RYE)  
SUBSTITUTE GLUTEN-FREE TOAST (\$1), ADD CHEDDAR (\$1)
- MINI FRENCH TOAST** VG - 7 -  
WITH PURE MAPLE SYRUP

## SWEET SPOT

- CITRUS SPIKED FRENCH TOAST** VG - 12 -  
WITH PURE MAPLE SYRUP
- HEAVEN ON EARTH** VG - 14 -  
FRENCH TOAST, BERRIES, CREAM CHEESE, HONEY, PURE MAPLE SYRUP
- WAFFLES** VG - 9 -  
WITH PURE MAPLE SYRUP  
ADD ED'S REAL SCOOP VANILLA / CHOCOLATE / BURNT MARSHMALLOW ICE CREAM (\$2.50 EACH)  
STRAWBERRIES / BANANAS / PINEAPPLES / CHOCOLATE CHUNKS (\$1.50 EACH)  
CARAMEL SAUCE / CHOCOLATE SAUCE / WHIPPED CREAM (\$1 EACH)
- OVEN-BAKED PANCAKES** VG - 12 -  
ONLY AVAILABLE ON WEEKENDS / HOLIDAYS  
WITH PURE MAPLE SYRUP  
CHOICE OF MIXED BERRIES / CANDY APPLE / CHOCOLATE BANANA
- CINNAMON BUCKWHEAT SHORT-STACK** GF V - 12 -  
ONLY AVAILABLE ON WEEKENDS / HOLIDAYS  
WITH APPLE COMPOTE, PURE MAPLE SYRUP

## BENEDICTS

- SERVED WITH POACHED EGGS, WHOLE WHEAT ENGLISH MUFFINS, HOLLANDAISE, MIXED GREENS & HOMEFRIES IN OUR LEGENDARY SAUCE  
REPLACE ENGLISH MUFFINS WITH MANAMI PATTIES GF (\$2), OR WAFFLES (\$2)  
ADD CHEDDAR (\$1), MOZZARELLA (\$1), BRIE (\$2), AVOCADO (\$3), TOMATO (\$2)
- ST. ALBAN'S CLASSIC** - 14 -  
\$1 WILL BE DONATED TO ST. ALBAN'S BOYS & GIRLS CLUB  
CHOICE OF PEAMEAL / STRIP BACON  
SUBSTITUTE TURKEY BACON (\$1)
- CHARLOTTE** - 15 -  
SMOKED SALMON
- MANAMI** GF VG - 12 -  
GLUTEN-FREE CURRIED RICE PATTIES
- ISABELLE** VG - 13 -  
AVOCADO, TOMATO
- FLORENTINE** VG - 12 -  
BABY SPINACH
- MEMPHIS** - 13 -  
CHIPOTLE BBQ PULLED PORK
- LORRAINE** - 15 -  
CHEDDAR, CHOICE OF PEAMEAL / STRIP BACON  
SUBSTITUTE TURKEY BACON (\$1)

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GF GLUTEN-FREE VG VEGETARIAN V VEGAN

INSOMNIA EST. 1997

# BRUNCH

## EGGS

SERVED WITH MIXED GREENS & HOMEFRIES IN OUR LEGENDARY SAUCE  
 SUBSTITUTE EGG WHITES (\$1), GLUTEN-FREE TOAST (\$1)

**TRADITIONAL** **VG** - 12 -

2 EGGS, TOAST (WHITE / MULTI GRAIN / LIGHT RYE),  
 1 SIDE (PEAMEAL / STRIP / AVOCADO / TOMATO)  
 SUBSTITUTE ANDOUILLE SAUSAGE OR TURKEY BACON (\$1)

**3 EGG OMELETTE** **VG** - 12 -

CARAMELIZED ONIONS, SAUTÉED MUSHROOMS, PESTO,  
 SPINACH, ASIAGO, TOAST (WHITE / MULTI GRAIN / LIGHT RYE)  
 ADD PEAMEAL / STRIP BACON / ANDOUILLE SAUSAGE /  
 CHICKEN / TURKEY BACON (\$2 EACH)

**STEAK & EGGS** - 21 -

10oz STRIPLOIN, 2 EGGS,  
 TOAST (WHITE / MULTI GRAIN / LIGHT RYE)

**HUEVOS RANCHEROS** **VG** - 13 -

CORN TORTILLA AVAILABLE **GF**  
 2 EGGS, SOFT TORTILLA, REFRIED BEANS,  
 SALSA, MONTEREY JACK CHEESE, AVOCADO

**TOFU RANCHEROS** **GF V** - 13 -

SERVED WITH GREENS ONLY  
 CORN TORTILLA, SCRAMBLED CURRIED TOFU, SALSA  
 REFRIED BEANS, ROASTED RED PEPPER, SAUTÉED ONION

## DRINKS

DECAFFEINATED AVAILABLE

**COFFEE / TEA** - 2.5 -

FREE REFILLS WITH FOOD PURCHASE

**SINGLE ESPRESSO** - 3 -

EXTRA SHOT OF ESPRESSO (\$1)

**LATTE / CAPPUCCINO / ICED COFFEE** - 3.5 -

EXTRA SHOT OF ESPRESSO (\$1)

**AMERICANO** - 4 -

DOUBLE SHOT

**MOCHACCINO** - 4.5 -

EXTRA SHOT OF ESPRESSO (\$1)

**HOT CHOCOLATE** - 3.5 -

**CHOCOLATE MILK** - 3 -

**POP** - 2.5 -

FREE REFILLS WITH FOOD PURCHASE  
 COKE, DIET COKE, CANADA DRY, SPRITE,  
 FANTA ORANGE, SODA, TONIC, NESTEA

**JUICE** - 3 -

APPLE, CRANBERRY, GRAPEFRUIT,  
 PINEAPPLE, TOMATO, CLAMATO

**FRESH ORANGE JUICE** - 3.5 -

**RICHARD'S ICED TEA** - 3.5 -

ORANGE PEKOE, STRAWBERRIES,  
 APPLES, APPLE JUICE, SUGAR RIM

**MILK** - 2.5 -

ALMOND MILK AVAILABLE

## SANDWICHES

SERVED WITH MIXED GREENS & HOMEFRIES IN OUR LEGENDARY SAUCE  
 ADD CHEDDAR / MOZZARELLA (\$1 EACH)  
 ADD EGG (\$2), STRIP BACON (\$3),  
 SUBSTITUTE GLUTEN-FREE TOAST (\$1)

**THE GENERAL PLT** - 14 -

MILK BUN, PEAMEAL BACON, EGG, CHEDDAR,  
 LETTUCE, TOMATO, GARLIC AIOLI  
 SUBSTITUTE TURKEY BACON (\$1)

**PEAR GRILLED CHEESE** **VG** - 12 -

CHALLAH, BRIE, CHEDDAR, HONEY ROASTED PEAR

**BACON GRILLED CHEESE** - 12 -

MULTI GRAIN, CHEDDAR, TOMATO,  
 PEAMEAL / STRIP BACON  
 SUBSTITUTE TURKEY BACON (\$1)

## ADD ONS

**AIOLI 1oz** - 1 -

**ANDOUILLE SAUSAGE** - 4 -

**AVOCADO 2oz** - 3 -

**EGG** - 2 -

**GLUTEN-FREE TOAST** - 3 -

**GREEK YOGURT 4oz** - 3 -

**HOLLANDAISE 1oz** - 1 -

**PEAMEAL BACON** - 3 -

**PURE MAPLE SYRUP 2oz** - 2 -

**REFRIED BEANS** - 3 -

**SALSA** - 1 -

**SCRAMBLED CURRIED TOFU** - 4 -

**SMOKED SALMON** - 6 -

**STRIP BACON** - 3 -

**TOAST (WHITE / MULTIGRAIN / LIGHT RYE)** - 2 -

**TOMATO** - 2 -

**TURKEY BACON** - 4 -

### JUST SO YOU KNOW:

- NONE OF OUR MENU PRICES INCLUDE APPLICABLE TAXES
- A 15% GRATUITY MAY BE ADDED TO TABLES OF 6 OR MORE
- ALTHOUGH SUBSTITUTIONS SEEM EASILY ACCOMMODATED, THEY AFFECT THE EFFICIENCY OF OUR SERVICE. FOR EACH SUBSTITUTION A \$1.00 CHARGE WILL BE APPLIED TO THE BILL
- BECAUSE OF RISK OF CROSS CONTAMINATION OUR FOOD IS NOT SUITABLE FOR THOSE WITH SEVERE ALLERGIES
- PLEASE NOTIFY YOUR SERVER OF ANY FOOD ALLERGIES
- FOR CATERING INFORMATION PLEASE VISIT OUR WEBSITE: [WWW.INSOMNIARESTAURANT.COM](http://WWW.INSOMNIARESTAURANT.COM)

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**GF GLUTEN-FREE** **VG VEGETARIAN** **V VEGAN**

INSOMNIA EST. 1997